Global Montessori Academy

November Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2 french toast sticks turkey sausage double fruit	**3** chicken ranch wraps carrots fruit	**4** toasted cheese sandwiches tomato soup fruit	**5** beef cheeseburgers carrots fruit	**6** chicken & noodles mashed potatoes peas fruit
9 popcorn chicken mashed potatoes corn fruit	**10** pasta with turkey meat sauce broccoli fruit	**11** cheesy chicken roll ups corn fruit	**12** beef hotdogs carrots fruit	**13** chicken cheddar sandwiches carrots fruit
16 toasted cheese ravioli tomato dipping sauce peas fruit	**17** beef shepherd pie peas & carrots fruit	**18** pumpkin chocolate chip pancakes turkey sausage fruit	**19** chicken stuffing bake corn fruit	**20** beef meatball sliders carrots fruit
23 chicken fried rice edamame fruit	**24** cheesy chicken tacos corn fruit	**25** School Closed - Thanksgiving Break	**26**	**27**
30 beef philly mac and cheese peas fruit				

snacks include 2 components of:
fruits/vegetables (fresh fruits or vegetables, dried fruits, apple butter), bread or grain (crackers, pretzels, bagels, pita) & protein or dairy (hummus, yogurt, cheese, cream cheese)