

# Global Montessori Academy

## February Lunch & Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday
5	6	7	8	9
Grilled Cheddar Cheese Sandwiches Creamy Tomato Soup Fresh Fruit	Soft Chicken Tacos Roasted Broccoli Cinnamon Applesauce	Cheese Tortellini with Marinara Glazed Carrots Fresh Watermelon	Maple Glazed Meatloaf Smashed Potatoes Green Beans Fresh Fruit	Spinach & Cheese Quiche Fresh Baked Rolls Fresh Fruit
Crackers & Fresh Veggies with Dip	Honey Baked Cornbread & Fresh Fruit	Pretzels with Fresh Fruit	Yogurt with Fresh Fruit	Raw Veggies with Dip with Crackers
12	13	14	15	16
Cheeseburgers Lettuce, Tomatoes, Pickles Herb Roasted Red Potatoes Fresh Fruit	Turkey & Cheese Enchiladas Roasted Vegetable Medley Fresh Fruit	Three Cheese Pizza Raw Veggies with Dip Cinnamon Spiced Applesauce	Baked Lasagna Garden Fresh Tossed Salad Fresh Fruit	<b>NO SCHOOL</b> <b>Staff Development</b>
Banana Muffins with Raw Veggies	Warm Pita with Fresh Hummus	Yogurt with Fresh Pineapple	Spinach Dip with Pita Chips	
19	20	21	22	23
<b>SCHOOL CLOSED</b> <b>Presidents Day</b>	Crunchy Tacos Rice & Beans Fresh Melon Medley	Three Bean Chili con Carne Wheat-berry Rolls Assorted Fresh Fruit	Cheeseburger Pasta Organic Roasted Vegetables Fresh Fruit	Egg & Hashbrown Casserole Whole Wheat Bagels with Cream Cheese Fresh Fruit Salad
	Graham Crackers and Cream Cheese	Pretzels with Cheese Sticks	Cottage Cheese & Peaches	Fresh Raisin Bread & Fresh Fruit
26	27	28		
Sweet & Sour Chicken Organic Stir-fry Veggies Steamed Rice Fresh Fruit	Smothered Burritos Rice & Beans Fresh Fruit	Smoked Sausage & Peppers with Fresh Herb Roasted Red Potatoes Sliced Apples with Cinnamon		
Graham Crackers with Cinnamon Applesauce	Whole Wheat Tortilla & Granola Roll-ups Fruity Yogurt Dip	Assorted Crackers with Fresh Fruit		