

Global Montessori Academy
January Lunch & Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday
8	9	10	11	12
Grilled Cheddar Cheese Sandwiches Creamy Tomato Soup Fresh Fruit	Crunchy & Soft Tacos Organic Buttered Yellow Corn Cinnamon Applesauce	BBQ Pulled Chicken Boston Baked Beans Fresh Honey Baked Cornbread Fresh Watermelon	Maple Glazed Meatloaf Smashed Potatoes Green Beans Fresh Fruit	French Toast Casserole Scrambled Eggs Fresh Fruit
<i>Warm Pita with Fresh Hummus</i>	<i>Honey Baked Cornbread & Fresh Fruit</i>	<i>Pretzels with Fresh Fruit</i>	<i>Yogurt with Fresh Fruit</i>	<i>Raw Veggies with Dip and Wheat Bagels with Celery & Carrots</i>
15	16	17	18	19
<i>No School</i> <i>Martin Luther King, Jr. Day</i>	Turkey & Cheese Enchiladas Roasted Vegetable Medley Fresh Fruit	Three Cheese Pizza Organic Edamame Cinnamon Spiced Applesauce Raw Veggies with Dip	Baked Penne Pasta with Meat Sauce Garden Fresh Tossed Salad Fresh Fruit	Teriyaki Chicken & Stir-Fry Vegetables Steamed Rice Golden Ripe Pineapple
	<i>Warm Pita with Fresh Hummus</i>	<i>Yogurt with Fresh Pineapple</i>	<i>Spinach Dip with Pita Chips</i>	<i>Muffins & Fresh Fruit</i>
22	23	24	25	26
Grilled Chicken Caesar Salad Creamy Macaroni & Cheese Fresh Oranges	Baked Taco Pasta Organic Sweet Corn Fresh Melon Medley	Three Bean Chili con Carne Wheat-berry Rolls Assorted Fresh Fruit	Cheeseburger Pasta Organic Roasted Vegetables Fresh Fruit	Egg & Hashbrown Casserole Whole Wheat Bagels with Cream Cheese Fresh Fruit Salad
<i>Fresh Baked Muffins & Fruit</i>	<i>Graham Crackers and Cream Cheese</i>	<i>Pretzels with Cheese Sticks</i>	<i>Cottage Cheese & Peaches</i>	<i>Fresh Raisin Bread & Fresh Fruit</i>
29	30	31	1	2
Sweet & Sour Chicken Organic Stir-fry Veggies Steamed Rice Fresh Fruit	Smothered Burritos Rice & Beans Fresh Fruit	Smoked Sausage & Peppers with Fresh Herb Roasted Red Potatoes Sliced Apples with Cinnamon	Grilled Turkey Sliders Pickles, Lettuce, Tomatoes and Raw Veggies Fresh Fruit Salad	Creamy Penne Pasta with Chicken & Broccoli Garlic Toast Fresh Fruit
<i>Graham Crackers with Cinnamon Apple Sauce</i>	<i>Whole Wheat Tortilla & Granola Roll-ups</i> <i>Fruity Yogurt Dip</i>	<i>Assorted Crackers with Fresh Fruit</i>	<i>Banana Bread with Fresh Fruit</i>	<i>Pretzels with Fresh Fruit</i>